

# February 4th, 2024

Our PCAS Vision: "To be a Light by Living, Loving, Learning,  
and Sharing the Gospel of Jesus Christ."

## Order of Worship

*(\*Please rise in body and/or spirit)*

### **Welcome and Announcements**

**Prelude** Lord Take My Hand and Lead Me      Setting by John A. Behnke

### **Lighting of the Candle**

#### **\*Call to Worship**

Leader: Lord God, we have come to worship you as sinners in need of your forgiveness.

**People: We come tired from our work, in need of refreshment and re-creation.**

Leader: We come with worries, in need of your guidance.

**People: But first, please lift us out of our preoccupation with our own needs.**

Leader: Allow us to see you with the eyes of faith, and to hear with the ears of understanding what you say to us.

**People: Make us thankful for all the good we have received from you.**

Leader: Awaken in us a longing to do what is right.

**People: And make us aware of the great company, past, present, and to come, with whom we join to worship you.**

**\*Hymn** #687      Our God, Our Help in Ages Past      (verses 1, 2, 4, 6)

### **Call to Confession**

Leader: Let us confess our sin, that we may be strengthened by God's care for us:

### **Prayer of Confession (unison)**

**God Who Knows, we confess that often when we are tired or weary, we ignore your gift of Sabbath rest and we continue on, ignoring the signals from our souls and bodies begging for care. We don't recognize as sinful the pressure to work beyond reasonable expectations, and say "yes" to every demand. We start believing we**

**are a commodity to be maximized, instead of a life to be tended. We lose the ability to extend compassion and patience because they stand in the way of the productivity we feel obligated to. Lord God, forgive us. Remind us that it is faithful to take the time to care for both soul and body. In fact, your Word commands it. Amen.**

### **Kyrie Eleison**

**Kyrie, kyrie eleison, (Lord, have mercy)  
Kyrie, kyrie eleison.  
Christe, Christe eleison, (Christ, have mercy)  
Christe, Christe eleison.  
Kyrie, kyrie eleison,  
Kyrie, kyrie eleison, eleison.**

### **Assurance of Pardon**

Leader: We serve the God who created us and knows our needs, and does not expect us to do it all. Trust in God's love for you, and be at peace.

### **Prayer of Illumination**

**First Scripture Lesson:** Isaiah 40:25-31  
This is the Word of the Lord: **Thanks be to God!**

### **Children's Message**

**Sharing of Joys and Concerns  
Prayers of the Church  
Passing the Peace**

**\*Hymn #706** Commit Your Way to God the Lord

**Second Scripture Lesson** Mark 1:29-39  
This is the Word of the Lord. **Thanks Be to God!**

**Sermon "Running on Empty"**

## Offering

Offertory Beautiful Savior

Setting by John A. Behnke

### \*Doxology

Praise God, from whom all bless-ings flow; praise \*him, all crea-tures  
here be - low; praise \*him a - bove, ye heaven-ly host; praise  
Fa - ther, Son, and Ho - ly Ghost. A - men.

### \*Prayer of Dedication

## Invitation to the Lord's Supper

### Prayer of Great Thanksgiving

Leader: The Lord be with you.

**People: And also with you.**

Leader: Lift up your hearts.

**People: We lift them up unto the Lord.**

Leader: Let us give thanks to the Lord our God

**People: It is right to give God thanks and praise.**

*Prayer continues...*

*...who forever sing to the glory of your name:*

1 Ho - ly, ho - ly, ho - ly Lord, God of the  
2 Bless - ed is he who comes in the  
pow - er and might, heav - en and earth are  
name of the Lord. Ho - san - na in the  
full of your glo - ry. Ho - san - na in the high - est.  
high - est, ho - san - na in the high - est.

Prayer continues...

...

Let us proclaim the mystery of faith

Christ has died; Christ is risen; Christ will come a - gain.

(G) (A)(Bm) (G) (D) (A)(Bm) (Em7) (A)(Dsus)(D)  
B<sup>b</sup> C Dm B<sup>b</sup> F C Dm Gm7 C F<sup>sus</sup> F

Christ has died; Christ is risen; Christ will come a - gain.

### Lord's Prayer

**Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory forever. Amen.**

### Words of Institution and Sharing of the Elements

*You are invited to eat the bread as it is served; Please hold the cup until all have been served; We will drink together. Please let the servers know if you need gluten free bread.*

### Prayer after Communion (unison)

**We bless you, O God, for the gifts of bread and cup, for sustaining us in hope, every day of our lives. We pray for your strength to prepare us now for your service as we offer to you lives of witness and worship in the world you have made. Through Christ, our Lord. Amen.**

**\*Hymn #503** Lord, We Have Come at Your Own Invitation

### Benediction

**Postlude** Our God, Our Help in Ages Past Setting by Alfred V. Fedak

*The flowers today are in celebration of  
Joyce Davies 85th birthday!*

### **Worship Leaders**

<b>Pastor:</b>	<b>Rev. Katja Gruening</b>
<b>Director of Music Ministries:</b>	<b>Marcello Velame</b>
<b>Liturgist:</b>	<b>Kathleen Healy- Wedsworth</b>
<b>Ushers:</b>	<b>Boy Scout Troop 50</b> <b>Brian Sergeant</b> <b>Andy Wolf</b>
<b>Zoom Hosts:</b>	<b>John Palframan</b> <b>Jim Wright</b> <b>Rich Vodhanel</b>
<b>Social Hour:</b>	<b>Boy Scout Troop 50</b>

### **BOY SCOUT PACK 50 AND**

### **THE PRESBYTERIAN CHURCH @ SHREWSBURY**

The charter for Shrewsbury Boy Scout Troop #50 was granted on January 3, 1935 under the direction of G. H. Nevius. The Presbyterian Church at Shrewsbury has been chartered by the Boy Scouts of America to operate Troop 50 since 1935, and Pack 50 since 1946. The first eagle scout was granted on August 16, 1935 to Stewart Van Villiet. Both the Nevius and Van Villiet families were part of our congregation and you can see the family names on plaques around the Sanctuary.

Long time church member, J. Fred Billett was the Monmouth Council Scout Executive from 1951 to 1968, and was instrumental in acquiring the properties for two Boy Scout Camps. In 2002, Central Camp at Forestburg was renamed J. Fred Billett Camp in his memory. He retired as a professional Scouter in 1979, and continued his service as a key volunteer in our council's Scouting program for many years. The headstone at his grave in the church cemetery has the BSA logo prominently displayed.

The scouts help set-up with the annual Strawberry Festival and Christmas Bazaar, do a yearly clean-up and mulching around the church house every Spring, and assist with the Wreaths Across America ceremony. They are the muscle behind these events and we couldn't do them without their help! They also provided the fire pit and know-how to the Christmas carols the church sang outside during covid. They help in many ways, whenever needed, and we are grateful for their service to our congregation!

# 687 Our God, Our Help in Ages Past

(Psalm 90)

1 Our God, our help in a - ges past, our  
2 Be - neath the shad - ow of thy throne thy  
4 A thou - sand a - ges in thy sight are

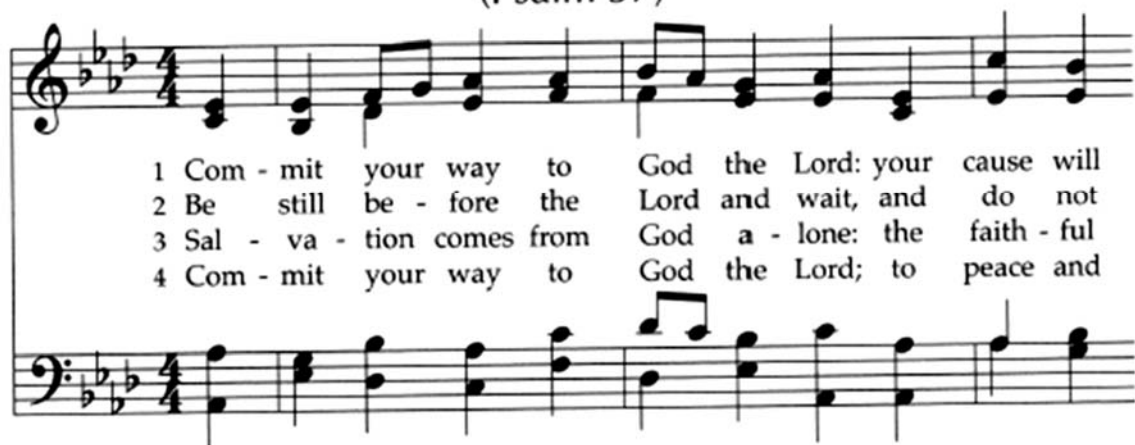
hope for years to come, our shel - ter from the  
saints have dwelt se - cure; suf - fi - cient is thine  
like an eve - ning gone, short as the watch that

storm - y blast, and our e - ter - nal home:  
arm a - lone, and our de - fense is sure.  
ends the night be - fore the ris - ing sun.

6 Our God, our help in ages past,  
our hope for years to come,  
be thou our guard while life shall last,  
and our eternal home.

# Commit Your Way to God the Lord 706

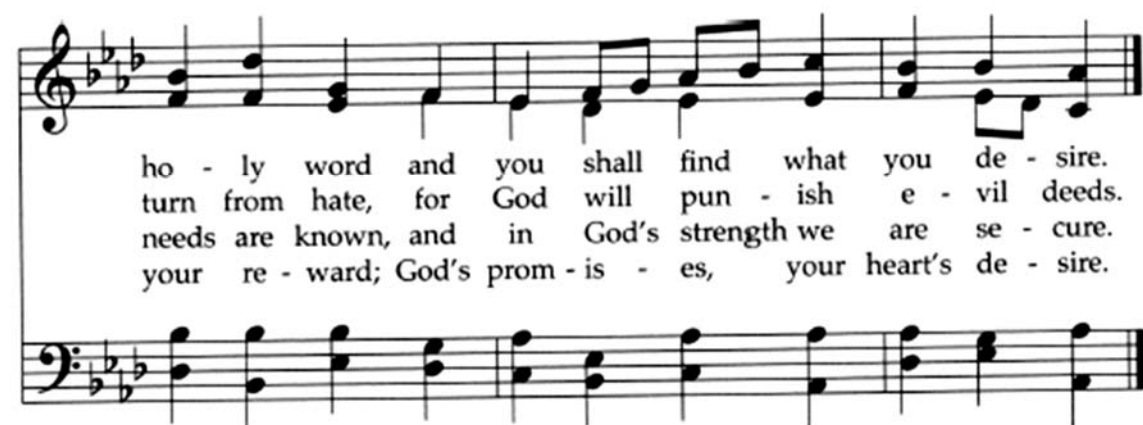
(Psalm 37)



1 Com - mit your way to God the Lord: your cause will  
2 Be still be - fore the Lord and wait, and do not  
3 Sal - va - tion comes from God a - lone: the faith - ful  
4 Com - mit your way to God the Lord; to peace and



shine as bright as fire; de - light to do God's  
fret when wrong suc - ceeds; re - frain from an - ger,  
know their help is sure; to heav - en, all our  
truth and grace as - pire; then mer - cy shall be



ho - ly word and you shall find what you de - sire.  
turn from hate, for God will pun - ish e - vil deeds.  
needs are known, and in God's strength we are se - cure.  
your re - ward; God's prom - is - es, your heart's de - sire.

Lord, We Have Come  
at Your Own Invitation

503

1 Lord, we have come at your own in - vi - ta - tion,  
2 Here, at your ta - ble, con - firm our in - ten - tion;  
3 When, at your ta - ble, each time of re - turn - ing,

cho - sen by you, to be count - ed your friends;  
give it your seal of for - give - ness and grace;  
vows are re - newed and our cour - age re - stored,

yours is the strength that sus - tains ded - i - ca - tion;  
teach us to serve with - out pride or pre - ten - sion,  
may we in - creas - ing - ly glo - ry in learn - ing

ours, a com - mit - ment we know nev - er ends.  
Lord, in your king - dom, what - ev - er our place.  
all that it means to ac - cept you as Lord.